

GOVERNMENT OF MEGHALAYA
HEALTH & FAMILY WELFARE DEPARTMENT

No. Health.99/2020/152

Dated Shillong, the 26th April, 2021.

ADVISORY FOR TRAVELLERS AND HIGH RISK CONTACTS

In view of the increase in number of COVID cases and rise in hospitalizations across the country, there is a need to take precautionary measures to prevent the spread of coronavirus in the State. Therefore, in order to reduce the possibility of spreading the virus, all persons who have entered the State from outside and all those persons who are identified as high risk contacts are hereby advised to undergo home quarantine for 7 (seven) days, even if the result of the COVID test undergone is negative.

IMPORTANT NOTE:

- i) **All persons under quarantine should diligently follow the three recommended COVID-19 Appropriate Behaviour at all times, i.e., wearing mask, maintaining social distancing and practicing hand hygiene.**
- ii) All persons under quarantine are to closely monitor their health. Upon development of any symptoms of COVID-19, such individuals should self-report to the nearest healthcare facility/ANM/ ASHA worker. **They can also report their symptoms on 14410 - State Level COVID helpline.**

Sd/-

(Sampath Kumar, IAS)

Principal Secretary to the Government of Meghalaya,
Health & Family Welfare Department

Memo No. Health.99/2020/152-A

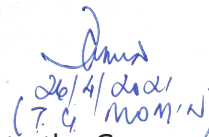
Dated Shillong, the 26th April,2021.

Copy to:

1. The Secretary to the Governor of Meghalaya, Shillong for kind information of the Governor.
2. The Private Secretary to Chief Minister, Meghalaya, Shillong for kind information of the Chief Minister.
3. The Private Secretary to Deputy Chief Minister, Meghalaya, Shillong for kind information of the Deputy Chief Minister.
4. The Private Secretary to the Speaker, Meghalaya Legislative Assembly, Shillong for kind information of the Speaker.
5. The Private Secretary to Health Minister, Meghalaya, Shillong for kind information of Minister.
6. Private Secretaries to all Ministers, Meghalaya, Shillong for kind of Minister.
7. The Leader of Opposition, Meghalaya Legislative Assembly, Shillong.
8. Private Secretary to Chief Secretary for kind information of the Chief Secretary.

9. The Additional Chief Secretaries/ Principal Secretaries/ Commissioners & Secretaries/ Secretaries of all the Department, Government of Meghalaya.
10. The Deputy Commissioner,
East Khasi Hills, **Shillong** / West Khasi Hills, **Nongstoin**/ South West Khasi Hills, **Mawkyrwat**. / Ri Bhoi District, **Nongpoh** / West Jaintia Hills, **Jowai** / East Jaintia Hills, **Khliehriat** / West Garo Hills, **Tura** / East Garo Hills, **Williamnagar** / South Garo Hills, **Baghmara** / North Garo Hills, **Resubelpara** / South West Garo Hills, **Ampati**.
11. The Mission Director, National Health Mission, Meghalaya, Shillong for information and necessary action
12. The Director of Health Services (MI)/ (MCH&FW) / (Research), Meghalaya, Shillong for information and necessary action
13. The Director of Information & Public Relation for information and necessary action.
14. The Joint Director of Health Services (MCH & FW) I/c IDSP, Meghalaya, Shillong.
15. The Joint Mission Director, National Health Mission, Meghalaya, Shillong.
16. The District Medical & Health Officer,
East Khasi Hills, **Shillong**/ West Khasi Hills, **Nongstoin**/ Ri Bhoi District, **Nongpoh**/ West Jaintia Hills District, **Jowai** / West Garo Hills District, **Tura** / East Garo Hills District, **Williamnagar**/ South Garo Hills District, **Baghmara**/ North Garo Hills, **Resubelpara**/ South West Garo Hills, **Ampati** / East Jaintia Hills, **Khliehriat**/ South West Khasi Hills, **Mawkyrwat**.
17. All Administrative Department/Heads of Department.

By order, etc.



Handwritten signature in blue ink, appearing to be 'J. G. Momin'.

Joint Secretary to the Government of Meghalaya,
Health & Family Welfare Department
